FAMILYRHYTHM · A CONVERSATION, NOT A CONTRACT

Our next responsibility handoff

1. What responsibility are we working on?

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2. What can the child already do reliably?

Start with demonstrated capability, not age.

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3. Who currently carries each part?

Responsibility can be shared while a child is learning.

	Adult	Together	Child
Notice Recognize that something needs attention.	○	○	○
Plan Know when and how it will happen, and prepare what is needed.	○	○	○
Do Perform the actual responsibility.	○	○	○
Check Compare the result with the agreed standard.	○	○	○
Communicate Report problems, exceptions, changes, or completion when needed.	○	○	○

4. What is ONE next piece the child could practice carrying?

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5. What support makes that realistic?

Examples: checklist, calendar, visual cue, alarm, demonstrated standard, scheduled review, or accessible supplies.

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6. What remains adult-owned?

Safety, transportation, legal or medical decisions, money outside the child's authority, and resources they cannot access.

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7. When will we review how the handoff is going?

Keep it, adjust the support, or choose the next piece.

Choose one manageable step. Keep the teaching, support, and boundaries that make it safe.