

8. Our First Family Rhythm

Build one simple repeatable loop from the decisions you have made. Keep it small enough to practice consistently before adding more complexity.

Daily responsibilities What should happen without repeated negotiation?

Weekly reset/check-in When do we review what worked, what did not, and what needs changing?

How work gets checked Who checks? What happens when something is not finished?

How extra work works How are optional earning opportunities offered and completed?

How choices work Which decisions increasingly belong to the child?

When something goes wrong How do we respond to mistakes, regret, and repair?

What should the child be able to rely on across caregivers or homes?

What does not need to be identical everywhere?
